

Couple's Prayer Instructions

As the couples begin to show up, have music playing such as "When God Made You." Have several songs picked out including instrumentals to play during the prayer time to set the mood.

Print enough copies of the hand out to give to every couple. Have the heart (1st page) pre-cut for each couple with 4 holes punched in each heart half. Provide a pointed instrument with yarn tied to the instrument to accomplish sewing the hearts together.

Instruct the couples that the event will include sharing as well as praying together.

First tell the couples to write 10 things they like about one another on their half of the heart. (This gets them thinking about the positives about the other person).

After all of positives are written instruct the couples to begin each step with one another, reading the scripture, following discussion points, and saying the provided prayer.

When they finish their prayer they are to complete one stitch of their hearts.

After all discussion points and prayers are offered each couple should have one complete heart as a symbol of their oneness in Christ.

Tell them of their symbolism then close with a prayer of offering. Offer each couple to God and pray a blessing over their home as they depart.

You may also want to provide Valentine style refreshments afterward.